

Edward & Sons 2024

ORGANIC MASHED POTATOES

Recipe on side of each package



#M70



#M71



Edward & Sons Trading Co., Inc.

805.684.8500

Convenience Without Compromise®

ORGANIC MASHED POTATOES



Serving Suggestions:

- Just before serving, fold in cooked peas, corn or broccoli florets.
- Smother prepared potatoes with any of Road's End Organics® Quick Gravies. All are organic, vegan, gluten-free and delicious.



#M70 ORGANIC MASHED POTATOES

Nutrition Facts

4 servings per container
Serving Size 1/3 cup dry mix (25g)

	Per 25 g	%DV*	Per Prepared	%DV*
Calories	90		120	
Total Fat	0g	0%	3g	4%
Saturated Fat	0g	0%	1g	5%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	0mg	0%
Sodium	180mg	8%	230mg	10%
Total Carb.	20g	7%	21g	8%
Dietary Fiber	2g	7%	2g	7%
Total Sugars	less than 1g		2g	
Incl. Added Sugars	0g	0%	0g	0%
Protein	2g		3g	
Vit. D	0mcg	0%	0.4mcg	2%
Calcium	0mg	0%	52mg	4%
Iron	0.4mg	2%	0.4mg	2%
Potassium	282mg	6%	282mg	6%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

Ingredients:
Organic Potato Flakes,
Organic Onion Powder,
Sea Salt,
Organic Black Pepper.



CASE COUNT:

6

CASE GROSS WT (LBS):

1.7

CASE DIMENSIONS (IN):

8.6 X 4.5 X 4.5

RETAIL UNIT DIMENSIONS (IN):

1.4 X 4.5 X 6.5

RETAIL UNIT NET WT: 3.5 OZ.

PRODUCT OF USA



#M71 ORGANIC GARLIC MASHED POTATOES

Nutrition Facts

4 servings per container
Serving Size 1/3 cup dry mix (25g)

	Per 25 g	%DV*	Per Prepared	%DV*
Calories	90		120	
Total Fat	0g	0%	3g	4%
Saturated Fat	0g	0%	1g	5%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	0mg	0%
Sodium	170mg	7%	230mg	10%
Total Carb.	20g	7%	21g	8%
Dietary Fiber	2g	7%	2g	7%
Total Sugars	less than 1g		2g	
Incl. Added Sugars	0g	0%	0g	0%
Protein	2g		3g	
Vit. D	0mcg	0%	0.4mcg	2%
Calcium	0mg	0%	52mg	4%
Iron	0.4mg	2%	0.4mg	2%
Potassium	282mg	6%	282mg	6%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

Ingredients:
Organic Potato Flakes,
Organic Onion Powder,
Organic Roasted Garlic,
Sea Salt,
Organic Black Pepper.



CASE COUNT:

6

CASE GROSS WT (LBS):

1.7

CASE DIMENSIONS (IN):

8.6 X 4.5 X 4.5

RETAIL UNIT DIMENSIONS (IN):

1.4 X 4.5 X 6.5

RETAIL UNIT NET WT: 3.5 OZ.

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