

Edward & Sons 2024

# ORGANIC ARTICHOKE HEARTS



Native Forest® Quartered Organic Artichoke Hearts are sustainably grown, which replenishes soil nutrients and promotes biodiversity. Tender and delicious, they are superb in salads and side dishes, or as a quick and wholesome snack. Serving Suggestions: Stir into pasta sauce or mix into salads. Add on top of pizza prior to baking.

Nutrition Facts	
About 1 serving per container	
Serving Size 1 can, drained (240g)	
Amount per serving	
Calories	60
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 770mg	33%
Total Carbohydrate 15g	5%
Dietary Fiber 5g	18%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin D 0mcg 0%	Calcium 81mg 6%
Iron 0.6mg 4%	Potas. 380mg 8%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

Ingredients: Organic Artichoke Hearts,  
Water, Sea Salt, Citric Acid.

Item #V896

Native Forest®

Quartered Organic Artichoke Hearts

CASE COUNT:

6

CASE GROSS WT (LBS):

6

CASE DIMENSIONS (IN):

9.4 X 6.1 X 5.9

RETAIL UNIT DIMENSIONS (IN):

3 X 3 X 4.5

RETAIL UNIT NET WT:

14 OZ.

PRODUCT OF PERU



Edward & Sons Trading Co., Inc.

805.684.8500

Convenience Without Compromise®