

New Product Intro 2019

LET'S DO ORGANIC CASSAVA FLOUR



#V543



Let's Do Organic® Cassava Flour is a whole food, grain free flour made from organic cassava roots (also known as manioc or yuca). Native to South America, cassava is a staple of tropical diets throughout the world thanks to the plant's drought tolerance and carbohydrate content.

We wash, peel and slice whole cassava roots before drying slowly to enhance edibility and protect nutrients. Then we mill them into a fine, gluten free flour, well-suited to many special diets.

Baking with Let's Do Organic Cassava Flour is incredibly easy since it performs very much like wheat flour in the kitchen. When a recipe calls for 1 cup of wheat flour, you may replace it with 1 cup of cassava flour.

No extra eggs or liquid ingredients are needed.

Let's Do Organic Cassava Flour imparts smooth texture and subtle, delicious flavor to breads and pastries. It's an excellent binder, ideal for baking cakes and cookies. It also makes a great thickener for your gravies and sauces. Try our recipes and experiment with your own.

Enjoy!

CASE COUNT: 6 CASE GROSS WT (LBS): TBA CASE DIMENSIONS (IN): TBA
RETAIL UNIT DIMENSIONS (IN): 6.5 X 9 X 3 RETAIL UNIT NET WT: 14 OZ.
Product of Vietnam

Nutrition Facts

About 36 servings per container	
Serving Size	1 Tbsp (11g)
Amount per serving	
Calories	35
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 9g	3%
Dietary Fiber 0g	0%
Total Sugars less than 1g	
Includes 0g Added Sugars 0%	
Protein 0g	
Vit. D 0mcg 0%	Calcium 9mg 0%
Iron 1.5mg 10%	Potassium 89mg 2%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.	

Ingredients:
Organic Cassava Flour.



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