



BAKING COCONUT

#V205 ORGANIC CONDENSED COCONUT MILK

Nutrition Facts	
About 7 servings per container	
Serving Size 2 Tbsp (30ml)	
Amount per serving	
Calories 150	
% Daily Value*	
Total Fat 10g	13%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 10g	0%
Dietary Fiber 0g	0%
Total Sugars 11g	
Includes 8g Added Sugars	16%
Protein less than 1g	
Vitamin D 0mg 0%	Calcium 1.2mg 0%
Iron 0.2mg 2%	Potassium 80mg 2%

INGREDIENTS: ORGANIC COCONUT MILK, ORGANIC CANE SUGAR.



CASE COUNT:

6

CASE GROSS WT (LBS):

3.6

CASE DIMENSIONS (IN):

9.1 X 6.2 X 2.9

RETAIL UNIT DIMENSIONS (IN):

3 X 3 X 2.4

RETAIL UNIT NET WT:

7.4 OZ.

PRODUCT OF SRI LANKA



#V216 ORGANIC CARAMEL CONDENSED COCONUT MILK

Nutrition Facts	
About 7 servings per container	
Serving Size 2 Tbsp (30ml)	
Amount per serving	
Calories 130	
% Daily Value*	
Total Fat 11g	14%
Saturated Fat 10g	50%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 8g	3%
Dietary Fiber 0g	0%
Total Sugars 8g	
Includes 8g Added Sugars	16%
Protein less than 1g	
Vitamin D 0mg 0%	Calcium 1.2mg 0%
Iron 0.2mg 2%	Potassium 80mg 2%

INGREDIENTS: ORGANIC COCONUT MILK, ORGANIC COCONUT SYRUP.

NEW!



CASE COUNT:

6

CASE GROSS WT (LBS):

3.6

CASE DIMENSIONS (IN):

9.1 X 6.2 X 2.9

RETAIL UNIT DIMENSIONS (IN):

3 X 3 X 2.4

RETAIL UNIT NET WT:

7.4 OZ.

PRODUCT OF SRI LANKA



#V525 ORGANIC COCONUT CREAMED

Nutrition Facts	
About 13 servings per container	
Serving Size 1 1/4 Tbsp (15g)	
Amount per serving	
Calories 100	
% Daily Value*	
Total Fat 10g	13%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 4g	1%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 1g	
Vit. D 0mg 0%	Calcium 3.9mg 0%
Iron 0.5mg 2%	Potassium 80mg 2%

INGREDIENTS: ORGANIC COCONUT.



CASE COUNT:

6

CASE GROSS WT (LBS):

3

CASE DIMENSIONS (IN):

8.5 X 2.5 X 4.7

RETAIL UNIT DIMENSIONS (IN):

2.5 X 1.2 X 5.0

RETAIL UNIT NET WT:

7 OZ.

PRODUCT OF SRI LANKA



#V210 ORGANIC COCONUT HEAVY CREAM

Nutrition Facts	
About 26 servings per container	
Serving Size 1 Tbsp (15ml)	
Amount per serving	
Calories 45	
% Daily Value*	
Total Fat 4.5g	6%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate less than 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 0g	
Vit. D 0mg 0%	Calcium 0mg 0%
Iron 0mg 0%	Potassium 45mg 1%

INGREDIENTS: ORGANIC HEAVY COCONUT CREAM (ORGANIC COCONUT, FILTERED WATER).



CASE COUNT:

12

CASE GROSS WT (LBS):

13

CASE DIMENSIONS (IN):

12.5 X 10 X 5.7

RETAIL UNIT DIMENSIONS (IN):

3 X 3 X 4.3

RETAIL UNIT NET WT:

13.5 OZ.

PRODUCT OF SRI LANKA



Original Sweetened Condensed Coconut Milk is a delicious organic and vegan treat. Pour it over berries, ice cream or cake. Replace condensed dairy milk in Thai iced tea and key lime pie. Stir a spoonful into hot chocolate or coffee.

Caramel Sweetened Condensed Coconut Milk is a luscious organic and vegan treat. Pour it over ice cream or fresh fruit. Enhance your favorite baked goods. Stir a spoonful into hot chocolate for a mug of deliciousness.

To create **Let's Do Organic® Heavy Coconut Cream**, we press the meat of fresh organic coconuts, adding only a small amount of filtered water to achieve this premium, plant-based indulgence. It's an excellent non-dairy coffee creamer and a delicious ingredient in soups, sauces, desserts and more!

Serving suggestion: To make whipped coconut cream, refrigerate unopened can overnight. Scoop the solid coconut cream into a cold mixing bowl (save liquid for later). Whip the solid cream with a chilled beater until light and fluffy. Hint: For a lighter texture, add-back some of the liquid while whipping.

Organic Creamed Coconut is perfect for Thai sauces and Caribbean stews. Diluted, pour over fresh fruit to make a delicious treat. Or, simply add Creamed Coconut into a blender with frozen fruit for tropical smoothies!



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