

Native Forest® Organic Stir Fry is a delicious medley of organic Asian vegetables, certified to USDA organic standards.

It combines exotic Thai specialties (banana blossom and water spinach) with familiar favorites (bamboo shoots, baby corn and bean sprouts). To create **Native Forest® Organic Bean Sprouts**, we carefully sprout certified organic mung beans and promptly pack the tender shoots in a mild brine to retain their subtle taste and satisfying texture. Light and crisp, these versatile, low calorie specialties are the humble heroes of Asian cookery.



Item# V831
**Native Forest®
Organic Stir Fry
Asian Vegetables**

Nutrition Facts

About 1.25 servings per container
Serving Size 1 cup (130g)

Amount per serving
Calories 20

% Daily Value*

Total Fat 0g 0%
Saturated Fat 0g 0%
Trans Fat 0g

Cholesterol 0mg 0%

Sodium 25mg 1%

Total Carbohydrate 4g 1%

Dietary Fiber 1g 4%

Total Sugars 2g

Includes 0g Added Sugars 0%

Protein less than 1g

Vit. D 0mcg 0% • Calcium 33mg 2%

Iron 0.4mg 2% • Potas. 65mg 2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

Ingredients: Water,
Organic Mung Bean Sprouts,
Organic Baby Corn,
Organic Bamboo Shoots,
Organic Water Spinach,
Organic Banana Blossom,
Organic Carrot, Citric Acid,
Ascorbic Acid.

CASE COUNT:

CASE GROSS WT (LBS): 6.5

CASE DIMENSIONS (IN): 9.0 X 6.5 X 4.5

RETAIL UNIT DIMENSIONS (IN): 3 X 3 X 4.4

RETAIL UNIT NET WT: 14 OZ

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Item #V832
**Native Forest®
Organic Bean
Sprouts**

Nutrition Facts

About 4.5 servings per container
Serving Size 1/4 cup (35g)

Amount per serving
Calories 10

% Daily Value*

Total Fat 0g 0%
Saturated Fat 0g 0%
Trans Fat 0g

Cholesterol 0mg 0%

Sodium 5mg 1%

Total Carbohydrate 2g 1%

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein less than 1g

Vit. D 0mcg 0% • Calcium 7mg 2%

Iron 0mg 0% • Potas. 15mg 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

Ingredients:
Water,
Organic Mung
Bean Sprouts,
Citric Acid.

CASE COUNT:

CASE GROSS WT (LBS): 6.5

CASE DIMENSIONS (IN): 9.0 X 6.5 X 4.5

RETAIL UNIT DIMENSIONS (IN): 3 X 3 X 4.4

RETAIL UNIT NET WT: 14 OZ

PRODUCT OF THAILAND

