

- USDA Certified Organic • Kosher Certified
- Unsweetened • Gluten Free • Plant-Based/Vegan
- Reduced Fat Finely Shredded (32% Less Fat)



Nutrition Facts	
About 15 servings per container	
Serving Size 4 Tbsp (16g)	
Amount per serving	
Calories 90	
% Daily Value*	
Total Fat 7g	9%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 5mg	0%
Total Carbohydrate 7g	3%
Dietary Fiber 6g	21%
Total Sugars less than 1g	
Includes 0g Added Sugars	0%
Protein 1g	
Vit. D 0mcg 0% • Calcium 2mg 0% Iron 1mg 4% • Potass. 90mg 2%	
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.</small>	
Comparison of Organic Shredded Coconut	
Per 15g	Reduced Fat Regular
Total Fat	7g 10.3g

Ingredients:
Organic Coconut
(shredded and dehydrated).



CASE COUNT:

12

CASE GROSS WT (LBS):

7.7

CASE DIMENSIONS (IN):

12.8 X 8.3 X 10.5

RETAIL UNIT DIMENSIONS (IN):

5 X 1.5 X 9

RETAIL UNIT NET WT:

8.8 oz

Product of Sri Lanka



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