

Native Forest® Baby Artichoke Hearts are grown with sustainable practices that replenish soil nutrients and promote biodiversity. These are our most tender artichoke hearts that grow only on the lower part of the plant. Their petite size and delicious flavor are superb in salads, snacks and side dishes. We know you'll enjoy our delicious Baby Artichoke Hearts. The quality you see and taste is only a hint of the care that goes into every Native Forest product.

Directions: Drain, rinse and serve.

Serving Suggestions: Delicious sliced on salad, in pasta sauce or eaten straight from the jar.

Refrigerate unused portion and enjoy within 4 days.



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*Delicious  
Straight from  
the Jar!*



# BABY ARTICHOKE HEARTS

NET WT 9.9 OZ 280g / DR WT 5.8 OZ 165g



**Nutrition Facts** Servings: 1, **Serv. size: 1 jar drained (165g)**. Amount per serving: **Calories: 50**, **Total Fat:** 0g (0% DV), **Sat Fat:** 0g (0% DV), **Trans Fat:** 0g, **Cholest.:** 0mg (0% DV), **Sodium:** 530mg (23% DV), **Total Carb.:** 10g (4% DV), **Fiber:** 3g (11% DV), **Total Sugars:** 2g (Incl. 0g added sugars, 0% DV), **Protein:** 2g, **Vit. D:** (0% DV), **Calcium:** (4% DV), **Iron:** (2% DV), **Potas.:** (6% DV).

### Ingredients:

Artichoke Hearts, Water, Sea Salt, Citric Acid.

Artichoke Hearts are a gluten free food.

Edward & Sons Trading Co., Inc.



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Convenience Without Compromise®

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