

Native Forest® Organic Mushrooms are wholesome, tender and delicious, vet low in fat and calories. Enjoy them in soups, sauces, stir-fry, salads and on pizza. Organic certification prohibits the use of GMOs and other unwelcome ingredients. Choosing organic foods benefits our farmers, our families and our planet.

Nutrition **Facts**

Serving size 1 can drained (113g)

Amount/serving %DV Amount/serving Total Fat 0q 0% Total Carb. 3g Sat. Fat 0q 0% Dietary Fiber 3q Trans Fat 0q Total Sugars 0g Cholesterol 0mg 0% Incl. 0a Added Sugars 0%

Sodium 320ma 14% Protein 3a

Calories per serving Vit. D 0% • Calcium 0% • Iron 0% • Potas. 2%

Ingredients: Organic Portobello Mushrooms, Water, Sea Salt.

10%

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Convenience Without Compromise® email: custserv@edwardandsons.com

> NON-BPA CAN (BPANI) Product of USA

Open, drain and serve. Refrigerate unused portion and enjoy within 4 days. Hint: To lower sodium content.

drain and rinse mushrooms.