

Native Forest® Organic Sliced Bamboo Shoots are tasty Asian vegetables that characterize popular regional dishes such as soup and stir fry. We harvest organic young bamboo shoots when they are at their most tender, wash, slice and promptly pack them in water to retain their delicate flavor and crisp texture.

You and your family will love the great taste and convenience of Native Forest Organic Sliced Bamboo Shoots. The quality that you see and taste is only a hint of the care behind every Native Forest product. Enjoy!

Directions: Drain, rinse and serve.

Serving Suggestions: Toss in salad. Add to soup or stir fry.

Refrigerate unused portion and enjoy within four days.

See delicious recipes at
edwardandsonsrecipes.org



Organic certification prohibits the use of GMOs and other unwelcome ingredients. Choosing organic foods benefits our farmers, our families and our planet.



NON-BPA CAN (BPANI)

Native Forest® is a trademark of
Edward & Sons Trading Co., Inc.

Edward & Sons A Family Owned
Vegetarian Company Since 1978.

Convenience Without Compromise®

*Delicious in
Stir-Fry*



ORGANIC SLICED BAMBOO SHOOTS

SERVING SUGGESTION



NET WT 14 OZ 400g / DR WT 5.9 OZ 170g



Nutrition Facts

About 2 servings per container
Serving Size 1/2 cup drained (85g)

Amount per serving
Calories 15

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 5mg 0%

Total Carbohydrate 3g 1%

Dietary Fiber 1g 4%

Total Sugars 2g

Includes 0g Added Sugars 0%

Protein 1g

Vit. D 0mcg 0% • Calcium 6mg 0%

Iron 0.2mg 2% • Potas. 70mg 2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

Ingredients:

Organic Bamboo Shoots, Water.

Distributed by:

Edward & Sons Trading Co., Inc.



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edwardandsons.com

Certified organic by QAI

Product of Thailand

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