

To create **Native Forest® Organic Bean Sprouts**, we carefully sprout certified organic mung beans and promptly pack the tender shoots in a mild brine to retain their subtle taste and satisfying texture. Light and crisp, these versatile, low calorie specialties are the humble heroes of Asian cookery. Stir fry them with vegetables, such as onions, mushrooms, broccoli and leafy greens. Toss them with fresh salads to impart their crispy character. Add them into soups for an authentic Asian flair.

However you enjoy them, you and your family will love the convenience and flavor of Native Forest Organic Bean Sprouts. The quality that you see and taste is only a hint of the care behind every Native Forest product.

Directions: Drain, rinse and enjoy.

Try these great **Serving Suggestions** from Edward & Sons:



Enhance your stir fry with: **Native Forest Organic Water Chestnuts and Baby Corn.** Add tofu or noodles for protein. Season with **Gluten Free Premier Japan® Organic Hoisin Sauce.** CONTENTS OF CAN

See edwardandsonsrecipes.org for delicious recipe ideas!

NON-BPA CAN (BPANI)



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*Delicious in
Soups, Salads
and Stir Fry*



ORGANIC BEAN SPROUTS

SPROUTED MUNG BEANS



SERVING SUGGESTION



NET WT 14 OZ 400g / DR WT 5.9 OZ 170g

Nutrition Facts

About 4.5 servings per container
Serving Size 1/4 cup (35g)

Amount per serving
Calories 10

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 5mg **0%**

Total Carbohydrate 2g **1%**

Dietary Fiber 0g **0%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein less than 1g

Vit. D 0mcg **0%** • Calcium 7mg **0%**

Iron 0.1mg **2%** • Potas. 15mg **0%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

Ingredients:
Water,
Organic Mung
Bean Sprouts,
Citric Acid.

Distributed by:



CONVENIENCE WITHOUT
COMPROMISE®

Edward & Sons
Trading Co., Inc.
PO Box 1326,

Carpinteria, CA 93014
edwardandsons.com
Certified organic by QAI
Product of Thailand

Organic certification prohibits the use of GMOs and other unwelcome ingredients. Choosing organic foods benefits our farmers, **ORGANIC (NON GMO)** our families and our planet.

Refrigerate unused portion and enjoy within 4 days.

Questions?
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