Native Forest® Organic Stir Frv is a delicious medlev of organic Asian vegetables, certified to USDA organic standards. It combines exotic Thai specialties (banana blossom and water spinach) with familiar favorites (bamboo shoots, baby corn and bean sprouts). Crisp and tasty, Native Forest Organic Stir Fry is a wonderful wok foundation to pair with fresh, seasonal vegetables. such as broccoli, cabbage or squash. Serve as a side dish, or add your preferred protein while cooking to create a delicious entrée in minutes.

You and your family will love the convenience, quality and flavor of Native Forest Organic Stir Fry Asian Vegetables. The quality that you see and taste is only a hint of the care behind every Native Forest product. Enjoy! **Directions:** Drain, rinse and cook in wok or skillet with seasonal fresh vegetables and your protein of choice.

Serving Suggestions:

 Add to soup for Asian flair. Enhance your stir fry with

Native Forest Organic

Water Chestnuts, Season

with Gluten Free Premier Japan® Organic Teriyaki.

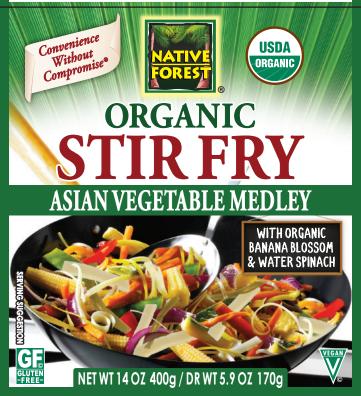


See edwardandsonsrecipes.org for delicious recipe ideas!



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Since 1978.



Nutrition Facts Organic Mung Bean Sprouts,

About 1.25 servings per container Serving Size 1 cup (130g)

Amount per serving **Calories**

% Daily Value*

Total Fat 0g Saturated Fat 0g Trans Fat 0g Cholesterol 0mg Sodium 25mg Total Carbohydrate 4q Dietary Fiber 1g Total Sugars 2g Includes 0g Added Sugars

Protein less than 1q

Vit. D 0mcg 0% • Calcium 33mg 2% Iron 0.4mg 2% • Potas. 65mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

Ingredients: Water, Organic Baby Corn, Organic Bamboo Shoots, Organic Water Spinach Organic Banana Blossom. Organic Carrot. Čitric Acid. Ascorbic Acid.

> Distributed by: Edward **Sons** .

CONVENIENCE WITHOUT COMPROMISE®

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Organic certification prohibits the use of GMOs and other unwelcome ingredients. Choosing organic foods benefits our farmers, ORGANIC our families >NON GMO and our planet.

Refrigerate unused portion and enjoy within 4 days.

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