

Native Forest® Organic Baby Corn is sustainably grown according to principles of organic agriculture. Our farmers harvest their premium organic corn while it is young and tender. We shuck and blanch the baby corn, then pack it promptly in water with just a little salt and citric acid. Our mission is to offer you the most delicious and healthful baby corn, while renewing the fertility of soil using time-tested, organic practices.

You and your family will love the convenience and flavor of Native Forest Organic Baby Corn: naturally sweet, tender and delicious. The quality that you see and taste is only a hint of the care behind every Native Forest product. Enjoy!

Directions: Drain, rinse and serve.

Serving Suggestions: Toss in salad. Add to soup or stir fry.

Refrigerate unused portion and enjoy within four days.

See delicious recipes at edwardandsonsrecipes.org



Organic certification prohibits the use of GMOs and other unwelcome ingredients. Choosing organic foods benefits our farmers, our families and our planet.



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NON-BPA CAN (BPANI)

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A Family Owned Vegetarian Company Since 1978.

Convenience Without Compromise®

Delicious in Stir-Fry



ORGANIC BABY CORN PIECES

SERVING SUGGESTION



NET WT 14 OZ 400g / DR WT 7.6 OZ 216g



Nutrition Facts

About 1.5 servings per container
Serving Size 1/2 cup (130g)

Amount per serving
Calories **35**

% Daily Value*

Total Fat 0.5g **1%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 180mg **8%**

Total Carbohydrate 5g **2%**

Dietary Fiber 3g **11%**

Total Sugars 2g

Includes 0g Added Sugars **0%**

Protein 2g

Vit. D 0mcg 0% Calcium 14mg 2%

Iron 0mg 0% Potassium 70mg 2%

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

Ingredients: Organic Corn, Water, Salt, Citric Acid.
Corn is a gluten free food.

Distributed by:
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