Enjoy our tender whole artichoke hearts as a delicious snack or side dish. They make wonderful additions to salads and antipasto. More Than Fair® partners with farmers who prioritize sustainable practices and promote biodiversity. We contract with Fairtrade International® to ensure fair compensation to farmers. 'In addition, the Non-GMO Project Verified seal certifies that our best practices avoid GMOs, delivering wholesome goodness to you and vour family. We're proud to be ... More Than Fair. Directions: Rinse, drain and serve. Refrigerate unused portion and

eniov within 4 days.

Delicious In Pasta & AuGratin Whole Artíchoke Hearts NET WT 9.8 OZ 280g DR WT 5.8 OZ 165g

MORE THAN FAIR ®

Nutrition Facts Servings: 1, Serv. size: 1 jar, drained (165g). Amount per serving: Calories: 45. Total Fat 0g (0% DV). Sat. Fat 0g (0% DV). Trans Fat 0g. Cholest. 0mg (0% DV), Sodium 530mg (23% DV), Total Carb. 10g (4% DV), Fiber 3g (11% DV), Total Sugars 2g (Incl. 0g added sugars, 0% DV), Protein 2g, Vit. D (0% DV), Calcium (4% DV), Iron (2% DV), Potas, (6% DV), V792 26

Ingredients: Artichoke Hearts. Water, Sea Salt, Citric Acid. Artichoke Hearts are Fairtrade certified. traded, audited and sourced from Fairtrade producers, total 100%. For more visit info.fairtrade.net/sourcing

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