

Let's Do Organic
ORGANIC
Tapioca
STARCH

Let's Do Organic
ORGANIC
Tapioca
STARCH
(Flour)

Perfect For Cookies
 ...and more!

Recipe on
 back panel



SEVING SUGGESTION



NET WT 6 OZ 170g



Let's Do Organic® Tapioca Starch is ideal for thickening sauces and gravies. It is wonderful for baking and an excellent thickener for custards, puddings and pies.

Mix Let's Do Organic Tapioca Starch with an equal amount of cold liquid until it forms a paste, then whisk it into the liquid you are thickening. Once the slurry is added, cook briefly to remove the starchy flavor. Do not overcook - liquids thickened with tapioca starch will thin again if cooked too long or at too high a temperature.

A versatile starch, tapioca is a dietary staple throughout the tropics and an important ingredient in numerous regional and ethnic cuisines. It is perfect for bakers looking for a gluten free starch for their baking needs.

Let's Do Organic Tapioca Starch is traditionally crafted from the roots of tapioca plants. Also known as cassava, manioc or yuca, tapioca is native to South America and the West Indies. It was prized by the Mayans, who were early cultivators of this versatile plant.

Organic certification prohibits the use of GMOs and other unwelcome ingredients. Choosing organic foods benefits our farmers, our families and our planet.

Alison's Shortbread Cookies

Makes 30 - 50 cookies

- 1 lb Butter or buttery spread
- 1 cup Powdered sugar
- 1/2 cup Let's Do Organic Tapioca Starch
- 3 cups Unbleached wheat flour
- 1 tsp Vanilla



Preheat oven to 350°F. Blend butter and sugar until creamy. Add vanilla. In a separate bowl, mix tapioca starch and flour. Add the flour/tapioca blend to wet ingredients until well mixed. Drop by teaspoonfuls onto greased baking sheet. Bake for about 15 minutes (or until golden brown). For variety: Substitute lemon or almond extract for the vanilla. Top with Let's Do Organic Sprinkelz™.

Nutrition Facts
Valeur nutritive
 Per 1 Tbsp (10 g)
 pour 1 c. à soupe (10 g)

Calories 35	% Daily Value *
% valeur quotidienne *	
Fat / Lipides 0 g	0 %
Saturated / saturés 0 g	0 %
+ Trans / trans 0 g	
Carbohydrate / Glucides 9 g	
Fibre / Fibres 0 g	0 %
Sugars / Sucres 0 g	0 %
Protein / Protéines 0 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0 %
Potassium 0 mg	0 %
Calcium 0 mg	0 %
Iron / Fer 0.2 mg	1 %

*5% or less is a little, 15% or more is a lot / *5% ou moins c'est peu, 15% ou plus c'est beaucoup

Ingredients:
 Organic tapioca starch.
Ingredients:
 Féculé de manioc biologique.

Dist. by/par Edward & Sons Trading Co., Inc.
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 Carpinteria, CA 93014 USA
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Certifié sans gluten par GFCO.ORG

 POIDS NET 170 g

Nutrition Facts
 About 17 servings per container
 Serving Size 1 Tbsp (10g)

Amount per serving	% Daily Value*
Calories 35	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 9g	3%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 0g	
Vitamin D 0mcg 0%	Calcium 2mg 0%
Iron 0.1mg 0%	Potas. 0mg 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

Ingredients:
 Organic Tapioca Starch.

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