

UNSWEETENED FINE SHRED FOR BAKING

GLUTEN FREE



CONTAINS ABOUT
2 2/3
CUPS
BY VOLUME

Let's Do Organic®

UNSWEETENED
SHREDDED
COCONUT
100% ORGANIC



NET WT 8 oz 227g



NO ADDED SULFITES OR PRESERVATIVES

Let's Do Organic®



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@edwardandsons
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Store tightly closed bag in refrigerator or freezer and enjoy within six months.
email: custserv@edwardandsons.com
The Coconut People™
Edward & Sons:
Product of Sri Lanka
Convenience Without Compromise®
Certified Organic by GAI
edwardandsons.com
Carlintheria, CA 93014
Edward & Sons Trading Co., Inc.
PO Box 1336
Edward & Sons
Let's Do Organic® is distributed by
contains no added sulfites.
Note: color may vary as this product
(shredded and dehydrated).
Ingredients: Organic Coconut
is used for general nutritional advice.

Nutrition Facts	
Amount per serving	
Serving Size 2 1/2 Tbsp (15g)	
Calories 100	
% Daily Value*	
Total Fat 10g	13%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 5mg	0%
Total Carbohydrate 4g	1%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 1g	
Vit. D 0mcg	0%
Calcium 4mg	0%
Iron 0mg	0%
Potas. 80mg	2%

USDA ORGANIC
Organic certification prohibits the use of
GMOs and other unwelcome ingredients.
Choosing organic foods benefits our
farmers, our families and our planet.



Coconut Snowballs
Makes 12-18 snowballs
Put all of the ingredients (EXCEPT the
shredded coconut for coating) in a food
processor and process until mixture
sticks together.
With a Tablespoon, scoop the "bother"
and roll into balls.
Let's Do Organic
Creamed Coconut
other syrup
Coconut nectar or
3 Tbsp
Shredded Coconut
Shredded Coconut
1 cup
Let's Do Organic
Unsweetened
Shredded Coconut
coating
More
A pinch of salt
Shredded Coconut for
coating
Store in a tightly sealed container in the
refrigerator for a week. Please note that they
will coat.

On the fertile island nation of Sri Lanka,
dedicated farmers tend hundreds of acres of
organic coconut palms. Their organic practices
enhance biodiversity, conserve water and
nurture the ecology of the region. To create
Let's Do Organic® Shredded Coconut,
the rich, white meat of fresh organic coconuts
is manually separated from their shells and cut
to a fine shred. Slow and careful drying is the
final step. No sweeteners, preservatives
or whiteners are added.
Suitable for vegan, gluten free, Paleo and
many other special diets, Let's Do Organic
Unsweetened Shredded Coconut may be
enjoyed by almost anyone. It is a delicious and
versatile ingredient, sure to become a favorite
of healthy home-bakers everywhere.

Let's Do Organic®