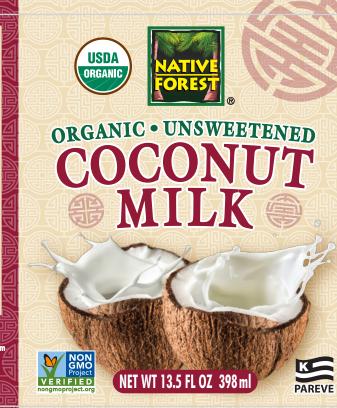
A staple of many Asian and Caribbean cuisines, coconut milk lends rich and creamy goodness to soups, curries, sauces, smoothies, desserts, beverages and more. See edwardandsonsrecipes.org for many delicious recipe ideas! Shake well before using. Refrigerate in glass or plastic container and enjoy within 4 days. Coconut milk may naturally separate or solidify when cold. To restore to a smooth consistency. place its container in a bowl of hot water and stir well.







Nutrition Facts

About 5 servings per container 1/3 cup (80ml) Serving Size

Amount per serving Calories

140

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	% Daily Value*
Total Fat 14g	18%
Saturated Fat 13g	65%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 20mg	1%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sug	gars 0%
Protein less than 1g	

Vit. D 0mca 0%

Calcium 3mg 0%

Potassium 120mg 39 The % Daily Value (DV) tells you how much a nutrier a day is used for general nutritional advice.

Ingredients: Organic Coconut Milk (Organic Coconut, Filtered Water, Organic Guar Gum).

Coconut milk is a gluten free food. Dist. by Edward & Sons Trading Co., Inc.

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Certified organic by QAI

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