

To create **Let's Do Organic® Heavy Coconut Cream**, we press the meat of fresh organic coconuts, adding only a small amount of filtered water to achieve this premium, plant-based indulgence. It's an excellent non-dairy coffee creamer and a delicious ingredient in soups, sauces, desserts and more!

Serving suggestion: To make whipped coconut cream, refrigerate unopened can overnight.

Scoop the solid coconut cream into a cold mixing bowl (save liquid for later). Whip the solid cream with a chilled beater until light and fluffy.

Hint: For a lighter texture, add-back some of the liquid while whipping.

Optional: Add 2 Tbsp of powdered sugar while whipping. It's heavenly!

Without guar gum or other additives, separation naturally occurs when cold. Place container in bowl of hot water. Stir well to restore its smooth consistency.

Refrigerate remaining contents and enjoy within 4 days.



Let's Do Organic® is a trademark of Edward & Sons Trading Co., Inc., The Coconut People®. We are an independent, family-owned, vegetarian company, offering *Convenience Without Compromise®* since 1978.

ORGANIC
>NON GMO

Organic certification prohibits the use of GMOs and other unwelcome ingredients. Choosing organic foods benefits our farmers, our families and our planet.



V210.19



Organic Heavy Coconut Cream

Perfect for Whipped Cream

Sauces, desserts and more

- **30% Coconut Fat**
- **No Guar Gum**



13.5 FL OZ 398 ml



NON-DAIRY

SERVING SUGGESTION



Nutrition Facts

About 26 servings per container
Serving Size 1 Tbsp (15ml)

Amount per serving
Calories 45

	% Daily Value*
Total Fat 4.5g	6%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate less than 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 0g	

Vit. D 0mcg 0% • Calcium 0mg 0%
Iron 0mg 0% • Potas. 45mg 1%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

Dist. by: Edward & Sons Trading Co., Inc.

Edward & Sons PO Box 1326
Carpinteria, CA 93014 USA
edwardandsons.com

Certified organic by QAI
Product of Sri Lanka

email
custserv@edwardandsons.com

NON-BPA CAN (BPANI)

Ingredients:
Organic
Coconut Cream
(Organic Coconut,
Filtered Water).
Coconut Cream is
a gluten free food.

Also Try:



@edwardandsons