

To make Native Forest® Organic Premium Coconut Cream, we press the meat of fresh organic coconuts, adding only filtered water and a tiny amount of organic guar gum (from organic guar seeds). Premium Coconut Cream imparts rich and creamy goodness to soups, curries, sauces, desserts, beverages and more!

Serving Suggestions: Add to tea or coffee as a plant-based creamer. For dessert topping, chill overnight, spoon solids into a bowl and whip. Top pies, cobblers and puddings. See [edwardandsonsrecipes.org](http://edwardandsonsrecipes.org) for tasty recipes.



\*Scan QR code for more about our commitment to keeping our coconut harvests monkey labor free, and to view the official certificate from the Thai government.

Refrigerate after opening and enjoy within 4 days. Shake well. Coconut Cream will separate when cold. For a smoother consistency, warm its container in a bowl of hot water and stir contents well.

Native Forest® is a trademark of Edward & Sons Trading Co., Inc., the Coconut People®.



A family-owned, vegetarian company offering Convenience Without Compromise®... since 1978.

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SERVING SUGGESTION



# NATIVE FOREST®

## ORGANIC COCONUT CREAM

### UNSWEETENED PREMIUM



5.4 FL OZ  
160 ml

### Nutrition Facts

About 5 servings per container  
Serving Size 2 Tbsp (30ml)

Amount per serving  
**Calories 60**

% Daily Value\*

**Total Fat** 6g **8%**

Saturated Fat 5g **25%**

Trans Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 10mg **0%**

**Total Carbohydrate** less than 1g **0%**

Dietary Fiber 0g **0%**

Total Sugars less than 1g

Includes 0g Added Sugars **0%**

**Protein** 0g

Vitamin D 0mcg 0% • Calcium 0mg 0%

Iron 0.2mg 2% • Potas. 50mg 2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

Ingredients: Organic Coconut Cream (Organic Coconut, Filtered Water, Organic Guar Gum).

Edward & Sons

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