

On the beautiful island nation of Sri Lanka, dedicated family farmers tend hundreds of acres of certified organic coconut palms. Organic stewardship increases their income, avoids harmful chemicals, nourishes healthy soil and encourages biodiversity. We press the meat of their fresh organic coconuts to make Native Forest® Organic Simple Coconut Cream, adding only filtered water and nothing more. Simple Coconut Cream imparts its rich, creamy goodness to soups, curries, sauces, desserts and more!

See edwardandsonsrecipes.org for tasty recipes. Refrigerate after opening and enjoy within 4 days. Shake well. Coconut cream will separate when cold. For a smoother consistency, warm its container in a bowl of hot water and stir contents well.

Native Forest® is a trademark of Edward & Sons Trading Co., Inc., the Coconut People®.



We are a family-owned, vegetarian company offering Convenience Without Compromise®... since 1978. custserv@edwardandsons.com

NON-BPA CAN • BPANI



NATIVE FOREST®

ORGANIC COCONUT CREAM

UNSWEETENED
SIMPLE

NO GUAR

SERVING SUGGESTION

13.5 FL OZ
398 ml

Nutrition Facts

About 13 servings per container
Serving Size 2 Tbsp (30ml)

Amount per serving
Calories 60

% Daily Value*

Total Fat 7g	9%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 5mg	0%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars less than 1g	
Includes 0g Added Sugars	0%
Protein less than 1g	

Vit. D 0mcg 0% • Calcium 3mg 0%
Iron 0.3mg 2% • Potas. 75mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

Ingredients: Organic Coconut Cream
(Organic Coconut, Filtered Water).

Edward & Sons
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