

Native Forest® Organic Refined Coconut Oil is pressed from the meat of organic coconuts and lightly refined to produce a versatile coconut oil. It is extremely stable at high cooking temperatures, making it a smart choice in the kitchen - ideal for baking, frying and all your cooking needs. Its neutral flavor is ideal for those who may not like the taste of coconut, but still wish to enjoy the many benefits of coconut oil.

It is also great as a skin moisturizer or make-up remover. Our Organic Refined Coconut Oil is grown and processed in full compliance with USDA organic standards. We know you will enjoy its wonderful functionality and benefits.

Store in a cool dry place.

©2016 Edward & Sons Trading Co., Inc.



# ORGANIC REFINED COCONUT OIL

FOR COOKING • FRYING • BAKING

VEGAN GLUTEN FREE

NET 16 FL OZ 473mL



## Nutrition Facts

33 servings per container  
Serving Size 1 Tbsp (14ml)

Amount per serving  
**Calories 130**

% Daily Value\*

**Total Fat** 14g **18%**

Saturated Fat 10g **50%**

Trans Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 0mg **0%**

**Total Carbohydrate** 0g **0%**

Dietary Fiber 0g **0%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

**Protein** 0g

Vit. D 0mcg **0%** Calcium 0mg **0%**

Iron 0mg **0%** Potassium 0mg **0%**

\* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

V202.1

## Ingredients: Organic Refined Coconut Oil.

Coconut oil is a gluten free food.

Distributed by:

Edward & Sons Trading Co., Inc.

PO Box 1326  
Carpinteria, CA 93014 USA  
edwardandsons.com

Certified organic by QAI  
Convenience Without Compromise®  
Product of The Philippines

