

*Perfect for
Cooking, Frying
& Baking*



100% ORGANIC VIRGIN COCONUT OIL

Cold Pressed



NET 1 Gal 3.7L



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Edward & Sons Trading Co., Inc.
Convenience Without Compromise®



Native Forest® Organic Virgin Coconut Oil is cold-pressed from the meat of mature organic coconuts. It boasts a healthy lauric acid content and a wealth of medium-chain fatty acids (MCFA). Since we never raise the oil temperature above 115° F during processing, our wonderful oil is pure and safe, while retaining the nutritional benefits demanded by raw food enthusiasts.

Native Forest® Organic Virgin Coconut Oil is extremely stable when exposed to heat and is highly resistant to free radical formation at any temperature. It's a smart choice in the kitchen, ideal for baking and for stove top cooking as well.

Enjoyed for centuries as a foundation of tropical cuisines, coconut oil is a prudent and a treasured addition to a healthy, balanced diet. Native Forest® Organic Virgin Coconut Oil is grown and processed accordingly to strict rules for organic agriculture, with a heartfelt appreciation of its unique qualities.

We believe it to be one of the finest edible oils in the world.

Store in a cool dry place.

Nutrition Facts

About 264 servings per container

Serving Size 1 Tbsp (14ml)

Amount per serving
Calories 120

% Daily Value*

Total Fat 14g 18%

Saturated Fat 12g 60%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 0g 0%

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 0g

Vit. D 0mcg 0%

Calcium 0mg 0%

Iron 0mg 0%

Potassium 0mg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

**INGREDIENTS:
ORGANIC VIRGIN
COCONUT OIL.**

COCONUT OIL IS A GLUTEN FREE FOOD.



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Certified organic by QAI

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