

Road's End Organics®

Gluten Free
Quick Gravy™

SHIITAKE MUSHROOM

VEGAN



SERVING SUGGESTION



NET WT 1 oz 28g

Ready In 3 Minutes!

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Nutrition Facts

4 servings per container
Serving Size 1 Tbsp (7g)
Amount per serving
25 Calories

Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	0%
Cholesterol	0mg	0%
Sodium	190mg	8%
Total Carbohydrate	5g	2%
Dietary Fiber	0g	0%
Total Sugars	0g	0%
Includes Added Sugars	0g	0%
Protein	1g	
Vit. D	0mcg	0%
Calcium	0mg	0%
Potassium	0mg	0%
Iron	0mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

INGREDIENTS: Organic Brown Rice Flour, Organic Tapioca Starch, Organic Tamari Powder (Organic Soybeans, Organic Rice Flour, Organic Lecithin), Sea Salt, Organic Sunflower Oil, Maltodextrin, Sea Salt, Organic Sunflower Oil, Organic Onion Powder, Organic Shiitake Mushrooms, Nutritional Yeast, Organic Garlic Powder.

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Organic certification assures you of sustainable farming practices, which nourish soil and protect its biodiversity. Consistent with our company policy, organic certification prohibits the use of GMOs and other unwelcome ingredients.

Directions:

- Blend contents of envelope with 1 cup water in saucepan.
- Bring to a boil, stirring constantly.
- Reduce heat and stir until thickened.

YIELD: ONE CUP (4 Servings)

- Delicious poured over fluffy mashed potatoes.
- Sprinkle over sauteing vegetables. Add a little water and cook until thicker.
- Add to your favorite soups for body and flavor.
- Use in stews or over veggie burgers.
- Add to sour cream for fantastic Stroganoff on pasta.
- Add gravy and curry powder to Native Forest® Classic or Light Coconut Milk for a delicious curry sauce on your favorite protein and veggies.
- Find more delicious recipes at edwardandsonsrecipes.org

