

**Road's End  
Organics**  
GLUTEN FREE

## Nutrition Facts

About 2 servings per container  
Serving Size

1 cup (85g)

	Per 1 cup	% DV*	Per prepared with 2/3 cup soy milk	% DV*
<b>Calories</b>	<b>290</b>		<b>320</b>	
<b>Total Fat</b>	4g	<b>5%</b>	5g	<b>6%</b>
Saturated Fat	0.5g	<b>3%</b>	1g	<b>5%</b>
Trans Fat	0g		0g	
<b>Cholesterol</b>	0mg	<b>0%</b>	0mg	<b>0%</b>
<b>Sodium</b>	350mg	<b>15%</b>	380mg	<b>17%</b>
<b>Total Carb.</b>	61g	<b>22%</b>	63g	<b>23%</b>
Dietary Fiber	6g	<b>21%</b>	6g	<b>21%</b>
Total Sugars	1g		3g	
Incl. Added Sugars	0g	<b>0%</b>	0g	<b>0%</b>
<b>Protein</b>	8g		11g	
Vitamin D	0mcg	<b>0%</b>	1mcg	<b>4%</b>
Calcium	0mg	<b>0%</b>	100mg	<b>8%</b>
Iron	2.3mg	<b>15%</b>	2.8mg	<b>15%</b>
Potassium	80mg	<b>2%</b>	200mg	<b>4%</b>
Vitamin B12	1.4mcg	<b>60%</b>	2.4mcg	<b>100%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

Distributed by:  
Edward & Sons Trading Co., Inc.  
PO Box 1326  
Carpinteria, CA 93014 USA  
edwardandsons.com  
Certified organic by QAI



Convenience Without Compromise®  
Product of USA

**INGREDIENTS:**  
**Organic GF Brown Rice Penne:**  
Organic Brown Rice, Water.  
**GF Chreese® Powder:**  
Organic Brown Rice Flour, Organic  
Tapioca Starch, Enriched Nutritional  
Yeast (nutritional yeast, niacin [B3],  
pyridoxine hydrochloride [B6],  
riboflavin [B2], thiamine  
hydrochloride [B1], folic acid,  
vitamin B12), Organic Green Lentil  
Flour, Salt, Organic Garlic Powder,  
Organic Onion Powder, Organic  
Ground Yellow Mustard Seed.  
Email [custserv@edwardandsons.com](mailto:custserv@edwardandsons.com)  
for additional details.



**Road's End  
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Why we call our  
cheese alternatives  
**Chreese®**

(Sounds like "trees")

- All of our ingredients are plant-based, like trees.
- This package is made from 100% recycled paperboard. No trees were chopped down to produce it.
- Organic ingredients are farmed without the use of synthetic chemicals. This helps preserve soil and groundwater and allows plants, animals and trees to thrive!!

Also try these delicious items from Road's End Organics®:

**Organic Pasta Dinners**

- Mac & Chreese®
  - Shells & Chreese®
  - Alfredo Mac & Chreese® (GF)
- (GF) = Gluten Free

**Organic Quick Gravy™**

All Varieties Gluten Free

- Golden, Savory Herb & Shiitake Mushroom

**Road's End  
Organics**  
GLUTEN FREE



GLUTEN FREE  
DAIRY-FREE  
**Penne &  
Chreese®**  
CHEDDAR-STYLE

PLANT-BASED PASTA DINNER

**Road's End  
Organics**

GLUTEN FREE

**Penne &  
Chreese®**

DAIRY-FREE

CHEDDAR-STYLE



SERVING SUGGESTION



NET WT 6 OZ 170g



PLANT-BASED PASTA DINNER

Questions? email [custserv@edwardandsons.com](mailto:custserv@edwardandsons.com)



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### COOKING INSTRUCTIONS:

- Boil 4 to 6 cups of water in a medium saucepan.
- Add all pasta and return to boil. Cook for 6 to 10 minutes, stirring occasionally, until pasta is ready. Do not overcook. Strain and thoroughly rinse pasta with cold water.
- While pasta is draining, mix Chreese® powder and 2/3 cup of water in the empty saucepan off of the stove. For a creamier Chreese sauce, replace water with your favorite plant-based milk. Stir well (with fork, spoon or hand blender) until the sauce is smooth with no lumps.
- Add pasta back into the saucepan and mix well with the sauce.
- Return to stovetop on medium heat while stirring for 3 to 4 minutes as Chreese cooks and thickens. Stir constantly and thoroughly to avoid sticking.
- Tip: You may stir in 1 to 2 tsp of olive oil or buttery spread to enhance taste and texture. **Enjoy!**

- ✓ Gluten Free
- ✓ Plant-Based
- ✓ Vegan
- ✓ Certified Organic
- ✓ Kids Love It!

Organic certification prohibits the use of GMOs and other unwelcome ingredients. Choosing organic foods benefits our farmers, our families and our planet.