

Golden Vegetable

MISO-CUP®
INSTANT SOUP IN SECONDS™

8 SERVINGS
IN 4 ENVELOPES



Convenience
Without
Compromise®

INSTANT
MISO-CUP®

SOUP IN SECONDS™

Golden Vegetable

- ✓ Gluten Free
- ✓ Low Calorie
- ✓ Plant-Based



Net Wt. 2.5oz 72g



SERVING SUGGESTION

Golden Vegetable

INSTANT SOUP IN SECONDS™
MISO-CUP®

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SPECIAL OFFER!

Many instant soups are packaged in disposable cups. This wastes trees and petroleum resources, thereby adding to the financial and ecological cost of those soups.

Edward & Sons encourages you to use your own favorite cup to preserve our precious resources, or you may enjoy ours.

USA customers may purchase an attractive Miso-Cup® Soup mug for only \$3.99. Please send a check for \$3.99 to Edward & Sons, PO Box 1326, Carpinteria CA 93014. We will send you a Miso-Cup® mug for your very own.

All proceeds from this offer are donated to non-profit reforestation organizations to help renew depleted woodland resources.

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Nutrition Facts	
Amount per serving	% Daily Value*
Calories 30	
Serving Size 1/2 envelope (9g)	About 8 servings per container
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 740mg	32%
Total Carbohydrate 4g	1%
Dietary Fiber less than 1g	0%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 2g	
Vit. D 0mcg 0%	Calcium 21mg 2%
Iron 0.7mg 4%	Potas. 80mg 2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

Miso-Cup®
Instant Soup Directions:
Add contents of 1/2 envelope (about 1 Tbsp) to 8 oz of hot water. Stir. Enjoy!

Recipe: Creamy Miso Party Dip
Mix contents of 1 Miso-Cup envelope with 1 1/2 cups sour cream (dairy or non-dairy) and stir well. Serve with chips, raw veggies, Baked Brown Rice Snaps® or Edward & Sons Convenience Without Compromise® soybeans, rice, salt, roasted Soybean Powder, Koji Culture [Aspergillus Oryzae], Onion Powder, Green Onion, Parsley, Contains Soy.

Ingredients: Freeze-dried Miso (Soybeans, Rice, Salt, Roasted Soybean Powder, Koji Culture)

Hint: When preparing any soup for added flavor and nutritional content.

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The Story of Miso-Cup®
Miso (pronounced mee-so), one of Asia's most important foods, was created by the ancient Chinese more than two thousand years ago. Buddhist monks later brought it evolved into the soyfood to Japan, where it evolved into the delicious miso soup we enjoy today. Miso was originally reserved exclusively for nobility, but it was eventually shared more widely, and has become a treasured staple in kitchens throughout Asia. The popularity of Japanese cuisine has made miso soup a worldwide favorite, thanks to its wonderful flavor and unique nutritional profile.

To make Miso-Cup® Golden Vegetable, food artisans age cooked soybeans and rice with a traditional starter culture called "koji". They employ salt, time and pressure to regulate this aging process and create the culinary treasure known as miso. We freeze-dry their fresh, unpasteurized miso, adding select ingredients, such as onion and parsley, to make Miso-Cup complete. Like yogurt, miso is considered to be a living food. That is why Edward & Sons takes extra care to use the living cultures for which fresh miso is prized. Miso-Cup boasts rich, satisfying flavor without any cholesterol or trans fats.

Enjoy convenient Instant Soup in Seconds™ or experiment with Miso-Cup as an all-purpose seasoning to enhance sandwiches, flavor dips, season gravy and more.

Miso-Cup - delivering Convenience Without Compromise® to discerning customers with busy lifestyles since 1978.

*SOURCE: THE BOOK OF MISO, by W. Shurtleff & A. Aoyagi, Ballantine Books. For more information, go to soyinfo.com

