



Edward & Sons Trading Co., Inc. is an independent, vegetarian, family-owned business. We began our mission to offer Convenience Without Compromise® in 1978, with the introduction of Miso-Cup® instant soup mix.



Today our diverse line includes over 100 different items, which we market under our family of brands. All offer delicious grocery innovations to health-aware consumers.



Please get to know us better at [edwardandsons.com](http://edwardandsons.com) and visit [edwardandsonsrecipes.org](http://edwardandsonsrecipes.org) for great recipe ideas.



# ORGANIC Croutons

## VEGAN • DAIRY FREE

### ITALIAN HERBS

#### FOR SOUP & SALAD

SERVING SUGGESTION

NET WT. 5.25 oz. 148g

#### Serving Suggestion:



#### Holiday Stuffing

- 1 package Edward & Sons Italian Herbs Organic Croutons
- 4 Tbsp butter or buttery spread
- 1 cup onions (or ½ cup onions & ½ cup celery)
- ½ cup finely chopped fresh parsley
- ½ tsp sage    ½ tsp thyme
- ½ tsp salt    ½ tsp pepper
- ¼ cube Edward & Sons Not-Chick'n® cube dissolved in ½ cup hot water

- In a pan melt the 4 tablespoons butter or vegan alternative.
- Add the onions (or onion/celery combination) and cook until tender but not brown (approximately 5 minutes).
- Remove from heat and stir in the parsley, sage, thyme, salt, and pepper.
- Stir in the croutons and mix well.
- Stir in 1/3 – 1/2 cup of the broth.
- For stuffing you may now use as is.
- If baking separately, you may want to moisten with a little more broth before putting the mixture in a shallow buttered baking dish and baking at 350°F.
- Bake for 25-40 minutes until a crust has formed on top.



Find our products at your favorite food store, e-retailer or [edwardandsons.com](http://edwardandsons.com)



## ITALIAN HERBS

### ORGANIC SEASONED CROUTONS

Garnish your favorite organic soups and salads with the goodness of **Edward & Sons Organic Croutons**.

To create these crunchy, bite-sized cubes, we oven bake wholesome organic ingredients and season them to perfection with organically grown herbs and spices.

**Edward & Sons Organic Croutons** are excellent salad toppers and so much more. Tasty and versatile, they will quickly become your secret ingredient in holiday stuffing and other cherished recipes. Enjoy!

**Hint:** Like to entertain? Treat your guests to crunchy new taste sensations by mixing Organic Croutons with nuts and pretzels to create unique and savory party mixes.

Or enjoy a delicious snacking handful straight from the bag- anywhere, any time!



Organic certification prohibits the use of GMOs and other unwelcome ingredients. Choosing organic foods benefits our farmers, our families and our planet.

#### Nutrition Facts

About 21 servings per container  
Serving Size 2 Tbsp (7g)

Amount per serving  
**Calories 30**

% Daily Value\*

**Total Fat** 1g 1%

Saturated Fat 0g 0%

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 90mg 4%

**Total Carbohydrate** 4g 1%

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

**Protein** less than 1g

Vit. D 0mcg 0% • Calcium 3mg 0%

Iron 0mg 0% • Potassium 10mg 0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

Ingredients:  
Organic Wheat Flour, Organic Expeller-Pressed Palm Oil, Salt, Yeast, Organic Onion Powder, Organic Garlic Powder, Organic Parsley, Organic Oregano, Organic Basil. Contains Wheat.

Produced in a facility that processes foods containing soy and sesame seeds.

Distributed by:  
**Edward & Sons Trading Co., Inc.**

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[edwardandsons.com](http://edwardandsons.com)

Certified organic by QAI

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