

GLUTEN FREE
PLANT-BASED
PALM OIL FREE

Edward & Sons
HOT & SOUR
8 Bouillon Cubes[®]
Convenience Without Compromise[®]



PLANT-BASED BROTH AND SEASONING

RECIPE ON BACK
NET WT 2.9 OZ 84g

8 Bouillon Cubes
VEGAN • GLUTEN FREE

HOT & SOUR



SEVING SUGGESTION



HOT & SOUR
8 Bouillon Cubes[®]
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Nutrition Facts

About 16 servings per container
Serving Size 1/2 cube (5.25g)

Amount per serving
Calories 20

Total Fat 1.5g **2%** % DV*

Saturated Fat 1g **5%**

Trans Fat 0g

Sodium 520mg **23%**

Total Carbohydrate 1g **0%**

Protein less than 1g

Not a significant source of Cholesterol, Fiber, Sugars, Vit. D, Calcium, Iron, Potassium.
**%DV = Daily Value

DIRECTIONS FOR BROTH
Dissolve 1/2 cube in 1 cup hot water. Stir. Enjoy!

Vegan Hot & Sour Soup (Serves 6-8)

4 Edward & Sons[®] Hot & Sour cubes dissolved in 8 cups hot water
1 can Native Forest[®] Water Chestnuts (drained, rinsed & halved)
1/2 can Native Forest[®] Bamboo Shoots (drained & rinsed)
2 Green onions, sliced 1 Tbsp Soy sauce/tamari 5 Tbsp Let's Do Organic[®] Cornstarch
1 Tbsp Grated ginger 1/2 Tbsp Sesame oil 5 Tbsp Water (for cornstarch slurry)
1 cup Fresh mushrooms, sliced 1/2 cup Rice vinegar 14oz Extra firm tofu (350g)
In a large saucepan, add broth, ginger and green onions over medium heat. Add mushrooms, tofu, water chestnuts, bamboo shoots and soy sauce. When boiling, reduce heat to low and simmer for 8-10 minutes. In a separate bowl, mix cornstarch and water to make a slurry with no lumps. Slowly pour cornstarch slurry into pan while stirring. Continue to stir to thicken (1-2 minutes). Remove from stove, adjust seasonings to taste and serve immediately.

Ingredients: Organic Shea Butter, Sea Salt, Yeast Extract, Lemon Juice[®] (Lemon Juice, Maltodextrin), Organic Ginger[®], Organic Coriander Seeds[®], Organic Tomato[®], Organic Garlic[®], Organic Cane Sugar, Cider Vinegar[®] (Cider Vinegar, Maltodextrin), Organic Onion[®], Organic Paprika[®], Organic Celery[®], Organic Potato Starch, Organic Cumin[®], Organic Chili[®], Organic Turmeric[®], Organic Cinnamon[®], Organic Allspice[®]. *Powder



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