

Edward & Sons™  
**LOW SODIUM**  
**NOT-CHICK'N™**  
 8 Bouillon Cubes

**8 CUBES**  
**VEGAN &**  
**GLUTEN FREE**

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 Bouillon Cubes



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*Recipe On Back*

**NET WT 2.5 oz 72g**

SEVING SUGGESTION

**SEASON SOUP, STEW, PILAF & MORE**



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Our cubes are made with certified sustainable palm oil to protect forests and wildlife.

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Edward & Sons™ Low Sodium Not-Chick'n™ Cubes make wholesome, satisfying broth in seconds - just add hot water. Their rich, full-bodied flavor enhances soups, stews, sauces and more! Store in a cool dry place.

Distributed by: Edward & Sons Trading Co., Inc.  
 PO Box 1326, Carpinteria, CA 93014 USA  
 edwardandsons.com  
 Product of Switzerland  
 Convenience Without Compromise®

2 Tbsp Vegetable oil  
 1/2 White or yellow onion, diced  
 3 cloves Garlic, minced  
 1/2 Red or green pepper, diced  
 1 tsp Chili powder or flakes  
 1 tsp Corn powder or flakes  
 1 1/2 cups Salsa (heat level) your choice  
 2 Cubes Low Sodium Not Chick'n™, dissolved in 4 cups hot water  
 2 cans Black Beans (15 oz)  
 15 oz Whole kernel corn, drained  
 Heat oil in saucepan. Add garlic, onion and pepper, stir and cook over medium heat for 4-5 minutes, stirring frequently, until onions are translucent. Add chili powder/flakes and stir to coat. Add sals and vegetable broth, stir to combine and bring to a low boil. Once boiling, stir in black beans and corn. Cover, reduce heat to low and simmer for about 20 minutes, stirring occasionally. Serve as is or with the following options: A squeeze of lime juice • Chopped fresh cilantro • Diced red onion • Cubed ripe avocado • Sprinkle tortilla chips/srips on top.

**Tortilla Soup (Serves 4)**

Dissolve 1/2 cube in 1 cup hot water. Stir. Enjoy!

**DIRECTIONS FOR BROTH**

Ingredients: Yeast Extract, Organic Cornstarch, Organic Palm Oil, Organic Cane Sugar, Organic Chicory Extract, Organic Garlic, Organic Mace Spice.

Nutrition Facts	
16 servings per container	
1/2 cube (4.5g)	
Amount per serving	
Calories 20	
% Daily Value*	
Total Fat 1g	3%
Saturated Fat 0.5g	1%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 125mg	5%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 0g	0%
Includes 0g Added Sugars	0%
Protein less than 1g	
* 2,000 calories a day is used for general nutritional advice.	