



ORGANIC RICE NOODLES PAD THAI

BROWN RICE WITH TURMERIC
GLUTEN FREE • WHOLE GRAIN
READY IN 4 MINUTES



SEVING SUGGESTION



GREAT IN ALL NOODLE DISHES

NET WT. 8.1 oz 230g

DIRECTIONS:

Boil water in a saucepan. Turn off heat, loosely add noodles, cover and soak in the hot water for 4 minutes. Drain and rinse in cold water, then use as desired.

Organic Pad Thai Rice Noodles are perfect in Pad Thai recipes and wonderful additions to your favorite noodle dishes.

Preparation tips:

When making Pad Thai or other stir-fry with noodles, remove noodles from the hot water soak after about 3 minutes, rather than the suggested 4 minutes.

When added to your stir-fry, under-cooked noodles will absorb more moisture and cook further when cooking with your stir-fry dish.

If adding prepared noodles to a soup, add just before serving. Otherwise, noodles will become too soft and the starch released while cooking changes the taste and color of soup broth.



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Nutrition Facts

About 4 servings per container
Serving Size 2 oz (56g)

Amount per serving
Calories 200

	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 43g	16%
Dietary Fiber 1g	5%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 4g	
Vitamin D 0mcg 0%	Calcium 10mg 0%
Iron 0.5mg 2%	Potas. 90mg 2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

Ingredients:
Organic Brown Rice,
Organic Turmeric Powder.
Distributed by:
Edward & Sons Trading Co., Inc.
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Certified organic by QAI
Convenience Without Compromise®
Product of Thailand



Organic certification prohibits the use of GMOs and other unwelcome ingredients. Choosing organic foods benefits our farmers, our families and our planet.



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