

Nutrition Facts

About 22 servings per container

Serving Size 1/2 cup (89g)

Amount per serving

Calories 40

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 10mg **0%**

Total Carbohydrate 9g **3%**

Dietary Fiber 7g **26%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 2g

Vitamin D 0mcg 0% • Calcium 60mg 4%

Iron 3.8mg 20% • Potas. 180mg 4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.

Item #V2810
Edward & Sons
Organic Young Jackfruit Pieces
Unseasoned
Ingredients: Organic Young Jackfruit.
Net Wt. 4.4 lbs / 2 kg

Dist. by Edward & Sons Trading Co., Inc.
PO Box 1326

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Certified organic by QAI
Product of India

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